

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
VII Campeonato de la Federació Catalana de Físic-Culturisme
 AEP-2 Regional de Aragón, Cataluña, Baleares y Andorra (como país invitado)
 La Poble de Montornès, Tarragona - 11-12 marzo 2023

Rev. 18/03/2023

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO				TOTAL	IPFGL	Pt.
-52 kg																					
1	Galante Muñoz Brenda	2003	FEDCAT	50,60	0,2586	3	90,0	95,0	100,0	1	50,0	-52,5	52,5	2	132,5	137,5	140,0	1	292,5	75,64	12
2	Alemany Modol Eva	2002	FEDCAT	50,35	0,2598	2	90,0	95,0	-100,0	2	50,0	52,5	-55,0	1	120,0	127,5	132,5	2	280,0	72,74	9
3	Tefat Benmouma Lidia	2004	STLGCY	51,30	0,2555	1	50,0	60,0	-62,5	3	35,0	-40,0	-40,0	3	90,0	92,5	100,0	3	195,0	49,82	8
-57 kg																					
1	Douay Badaoi Wisal	2003	UFT	55,60	0,2391	7	115,0	120,0	-125,0	1	47,5	52,5	-55,0	4	140,0	150,0	157,5	1	330,0	78,90	12
2	Vilda Feria Marta	2003	NETB	55,75	0,2386	4	92,5	100,0	107,5	2	50,0	52,5	-57,5	5	135,0	-145,0	152,5	2	312,5	74,56	9
3	Almagro Trillas Maria	1999	PRAET	56,30	0,2368	5	87,5	95,0	102,5	4	55,0	62,5	-65,0	1	100,0	107,5	117,5	6	282,5	66,90	8
4	Torres Serra	2006	IBIZA	56,80	0,2352	9	95,0	105,0	-115,0	3	50,0	57,5	-65,0	3	100,0	110,0	120,0	4	282,5	66,44	7
5	Valero Franciso Julia	2007	ATPB	55,65	0,2389	6	85,0	-95,0	95,0	5	37,5	42,5	-50,0	6	105,0	112,5	117,5	5	255,0	60,92	6
--	Domingo Benegas Alba	2007	FEDCAT	56,90	0,2349	10	-105,0	-105,0	-105,0	--	-60,0	60,0	-65,0	2	135,0	-142,5	142,5	3	0,0	0,00	--
-63 kg																					
1	Peña Montcusi Natalia	2000	STLGCY	61,20	0,2230	18	132,5	140,0	145,0	2	-67,5	67,5	75,0	1	-140,0	140,0	150,0	3	370,0	82,51	12
2	Sison Garcia Muriel	1999	NETB	61,90	0,2213	13	132,5	140,0	147,5	1	50,0	55,0	-60,0	6	140,0	147,5	152,5	2	355,0	78,56	9
3	Pradas Lozano Ainhoa	2004	NETB	61,70	0,2218	16	100,0	110,0	117,5	4	60,0	65,0	-70,0	2	132,5	142,5	152,5	1	335,0	74,30	8
4	Mitjavila Casals Irene	2002	PRAET	61,90	0,2213	15	110,0	117,5	120,0	3	55,0	60,0	62,5	4	130,0	140,0	147,5	4	330,0	73,03	7
5	Calero Santos Emma	2001	ULCB	62,40	0,2201	17	95,0	-102,5	102,5	5	65,0	-70,0	-70,0	3	115,0	125,0	130,0	5	297,5	65,48	6
6	Munoz Adan Lucia	2005	ULCB	59,00	0,2287	19	90,0	95,0	-100,0	6	50,0	55,0	-60,0	5	95,0	-105,0	X	7	245,0	56,03	5
7	Escarre Leiva Creu	1973	FEDCAT	61,95	0,2212	14	85,0	-92,5	-92,5	7	45,0	50,0	-52,5	7	105,0	-115,0	-115,0	6	240,0	53,09	4
-69 kg																					
1	Ramirez Cuevas Susana	1978	FEDCAT	66,15	0,2123	20	115,0	-120,0	120,0	1	55,0	-60,0	-6,0	1	120,0	125,0	130,0	1	305,0	64,75	12
-76 kg																					
1	Khalaf Valls Sara Samira	2000	STLGCY	75,50	0,1978	23	127,5	-135,0	140,0	1	72,5	77,5	80,0	1	157,5	167,5	175,0	1	395,0	78,13	12
2	Muñoz Monfort Ana	1998	TCEZ	75,15	0,1982	21	100,0	107,5	-112,5	3	60,0	65,0	-70,0	2	132,5	140,0	147,5	2	320,0	63,42	9
3	Ramos Vila Montse	1973	FEDCAT	74,45	0,1991	22	115,0	-125,0	-125,0	2	45,0	47,5	50,0	3	120,0	130,0	140,0	3	305,0	60,73	8
-84 kg																					
1	Acosta Gallego Laia	2003	ULCB	81,60	0,1911	11	120,0	132,5	-142,5	1	50,0	57,5	65,0	1	125,0	140,0	152,5	1	350,0	66,89	12
+84 kg																					
1	Sanchez Milla Ainhoa	1995	TCEZ	94,90	0,1810	12	97,5	105,0	110,0	1	57,5	62,5	-65,0	1	132,5	140,0	145,0	1	317,5	57,47	12

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL						
Nombre	CLUB	Cat.	PC	Total	GL pt.	Clas.
1 Peña Montcusi Natalia	STLGCY	-63kg	61,20	370,0	82,510	1
2 Douay Badaoi Wisal	UFT	-57kg	55,60	330,0	78,903	1
3 Sison Garcia Muriel	NETB	-63kg	61,90	355,0	78,562	2

ABREVIACIONES:

ATPB=ATENEA POWERLIFTING Barcelona
 FEDCAT=FEDERACIÓN CATALANA
 IBIZA=POWERLIFTING IBIZA

NETB=THE NEW ERA TEAM Barcelona
 PRAET=PRAETORIANS Tarragona
 STLGCY=STRENGTH LEGACY Lleida

TCEZ=TEAM CE POWERLIFTING Zaragoza
 UFT=UNITY FORCE Tarragona
 ULCB=UNDERGROUND LIFTING CLUB Barcelona

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HOMBRES POWERLIFTING RAW																						
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO				TOTAL	IPFGL	Pt.	
-59 kg																						
1	Contreras Estepa Jose	2006	ULCB	58,70	0,1659	45	130,0	-140,0	145,0	1	70,0	77,5	-80,0	1	140,0	152,5	162,5	1	385,0	63,87	12	
-66 kg																						
1	Torres Medina Darwin Ronaldo	2000	FEDCAT	63,55	0,1590	49	120,0	135,0	145,0	1	85,0	90,0	-92,5	1	195,0	215,0	-225,0	1	450,0	71,55	12	
2	Murillo Torne German	2005	STLGCY	65,55	0,1564	46	130,0	137,5	145,0	2	-87,5	-87,5	87,5	2	172,5	180,0	-185,0	4	412,5	64,52	9	
3	Sanchez Guardamino Veciana Iker	2005	PRAET	63,20	0,1595	48	120,0	127,5	135,0	3	70,0	77,5	-85,0	3	165,0	172,5	180,0	2	392,5	62,60	8	
--	Francesc Pacheco Guillem	2001	MOONB	63,60	0,1590	47	-150,0	-150,0	-150,0	--	-110,0	-110,0	-110,0	--	180,0	-182,5	-185,0	3	0,0	0,00	--	
-74 kg																						
1	Minioza Morada Jason	1998	NETB	72,15	0,1488	52	190,0	200,0	210,0	1	112,5	127,5	132,5	1	235,0	245,0	-250,0	1	587,5	87,42	12	
2	Guaman Cullispuma Richard Javier	2001	STLGCY	71,05	0,1500	50	192,5	200,0	-202,5	2	105,0	110,0	-115,0	4	205,0	215,0	222,5	2	532,5	79,88	9	
3	Vila De Vargas Eduard	1999	MOONB	72,80	0,1481	53	170,0	180,0	190,0	3	115,0	120,0	125,0	2	180,0	200,0	-220,0	5	515,0	76,27	8	
4	Antulin Franco Marcelo	2000	FEDCAT	72,55	0,1483	54	165,0	172,5	-180,0	4	-107,5	-112,5	112,5	3	185,0	192,5	200,0	4	485,0	71,93	7	
5	Alvarado Chauca Bryan	2002	FEDCAT	72,85	0,1480	55	-160,0	160,0	-167,5	6	105,0	110,0	-112,5	5	202,5	-210,0	-210,0	3	472,5	69,93	6	
6	Fernandez Saez Jonathan	2006	FEDCAT	69,90	0,1512	51	145,0	157,5	170,0	5	90,0	100,0	-105,0	6	170,0	180,0	190,0	6	460,0	69,55	5	
-83 kg																						
1	Moya Freixedas Gerard	2002	FEDCAT	81,30	0,1399	21	230,0	242,5	250,0	1	132,5	137,5	-142,5	5	250,0	265,0	277,5	1	665,0	93,03	12	
2	Torres Lopez Wilson Jose	2001	ARABAR	81,00	0,1401	7	207,5	220,0	230,0	2	147,5	152,5	-155,0	1	240,0	255,0	262,5	3	645,0	90,36	9	
3	Berenguer Coma Pol	2000	FEDCAT	81,80	0,1395	19	215,0	225,0	230,0	3	135,0	145,0	-147,5	2	245,0	260,0	265,0	2	640,0	89,28	8	
4	Inglada Carrillo Gerard	2001	MOONB	81,60	0,1396	9	182,5	195,0	205,0	9	115,0	122,5	-127,5	11	222,5	237,5	252,5	4	580,0	80,97	7	
5	Basora Polo David	2003	UFORCE	81,90	0,1394	3	-200,0	207,5	212,5	4	-127,5	127,5	132,5	6	210,0	225,0	235,0	10	580,0	80,85	6	
6	Hidalgo Carmona Brandon	2004	PRAET	81,55	0,1397	18	190,0	205,0	210,0	6	137,5	142,5	-147,5	3	210,0	225,0	-240,0	14	577,5	80,68	5	
7	Extremera Mazon Gerard	2001	FEDCAT	80,95	0,1402	14	187,5	200,0	210,0	5	120,0	127,5	-132,5	8	-200,0	215,0	225,0	13	562,5	78,86	4	
8	Marcos Pedron Aitor	1999	STLGCY	81,20	0,1400	11	190,0	-197,5	200,0	13	-115,0	115,0	122,5	10	225,0	235,0	-240,0	9	557,5	78,05	3	
9	Carrasco Ramos Carlos	1989	MOONB	82,40	0,1389	17	195,0	207,5	-212,5	7	-132,5	140,0	-142,5	4	197,5	205,0	-215,0	19	552,5	76,74	2	
10	Torres Perez Sergi	2005	FEDCAT	80,75	0,1404	22	190,0	205,0	-210,0	8	100,0	110,0	-112,5	14	220,0	227,5	235,0	8	550,0	77,22	1	
11	Torres Perez David	2003	FEDCAT	81,55	0,1397	1	-200,0	200,0	-212,5	14	-110,0	110,0	-117,5	15	220,0	230,0	240,0	5	550,0	76,84	1	
12	Macia Pajares Antoni	1996	FEDCAT	82,15	0,1391	10	190,0	200,0	205,0	10	102,5	107,5	-110,0	17	220,0	237,5	-250,0	7	550,0	76,51	1	
13	Morales Reguera Antonio	1994	PRAET	81,60	0,1396	15	167,5	177,5	185,0	16	-120,0	120,0	130,0	7	200,0	215,0	230,0	12	545,0	76,08	1	
14	Ruiz Olmo Sergi	2004	PRAET	81,00	0,1401	12	185,0	190,0	200,0	11	-127,5	127,5	-132,5	9	190,0	200,0	210,0	17	537,5	75,30	1	
15	Puig Sanchez Ot	2004	FEDCAT	81,00	0,1401	16	-190,0	200,0	-210,0	12	90,0	100,0	105,0	18	-210,0	220,0	230,0	11	535,0	74,95	1	
16	Algaba Chueca Francisco	1992	FEDCAT	82,40	0,1389	13	167,5	-177,5	185,0	17	107,5	110,0	-112,5	16	225,0	240,0	-250,0	6	535,0	74,31	1	
17	Basso Castell Javier	2002	FEDCAT	80,35	0,1407	20	155,0	165,0	170,0	18	107,5	112,5	115,0	12	207,5	217,5	222,5	15	507,5	71,41	1	
18	Palerm Tur Miguel	1995	IBIZA	82,40	0,1389	4	170,0	182,5	195,0	15	100,0	105,0	-110,0	19	180,0	192,5	202,5	20	502,5	69,80	1	
19	Rubio Duran Arnau	2006	ATPB	80,55	0,1405	6	155,0	167,5	-175,0	19	102,5	105,0	110,0	13	170,0	182,5	190,0	21	467,5	65,68	1	
20	Javier Royo Jose	2004	TCEZ	79,80	0,1412	8	140,0	147,5	155,0	20	90,0	95,0	100,0	20	192,5	202,5	210,0	16	465,0	65,66	1	
21	Tubau Lacueva Oscar	2002	NETB	81,70	0,1395	5	140,0	-150,0	150,0	21	95,0	-100,0	100,0	21	185,0	195,0	205,0	18	455,0	63,47	1	
-93 kg																						
1	Corbella Edo Jordi	2002	UFORCE	89,10	0,1336	35	232,5	242,5	252,5	1	147,5	155,0	160,0	1	257,5	277,5	X	1	690,0	92,18	12	
2	Lopez Gomez Victor	1998	STLGCY	92,30	0,1313	37	232,5	242,5	-257,5	2	150,0	157,5	-162,5	4	250,0	270,0	-290,0	3	670,0	87,97	9	
3	Escobar Arnau Arnau	1997	FEDCAT	90,70	0,1324	43	215,0	230,0	237,5	4	147,5	155,0	160,0	2	232,5	250,0	260,0	4	657,5	87,05	8	
4	Suarez Benavent Gabriel	2002	ULCB	92,00	0,1315	41	195,0	205,0	220,0	6	145,0	152,5	157,5	3	250,0	-270,0	272,5	2	650,0	85,48	7	
5	Martinez Conus Victor	2003	FEDCAT	89,60	0,1332	44	225,0	240,0	-250,0	3	142,5	-147,5	-147,5	7	230,0	250,0	-260,0	7	632,5	84,25	6	
6	Cordero Torres Oscar	1992	PRAET	92,90	0,1309	36	-215,0	215,0	222,5	5	137,5	-142,5	142,5	8	235,0	250,0	260,0	6	625,0	81,81	5	

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HOMBRES POWERLIFTING RAW

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS				PRESS BANCA				PESO MUERTO				TOTAL	IPFGL	Pt.
7 Embid Gaspar Christian	1992	TCEZ	91,80	0,1317	23	200,0	212,5	-217,5	8	122,5	127,5	-130,0	13	240,0	252,5	260,0	5	600,0	79,02	4
8 Pradas Ricard Arnau	1999	FEDCAT	91,45	0,1319	40	-200,0	200,0	210,0	9	142,5	-147,5	147,5	5	235,0	-255,0	-260,0	10	592,5	78,15	3
9 Sanchez Cerda Marc	1998	STBSTR	91,20	0,1321	24	-180,0	190,0	202,5	10	122,5	132,5	-140,0	11	225,0	235,0	245,0	8	580,0	76,62	2
10 Exposito Ruano Samuel	1994	PBAR	89,80	0,1331	28	175,0	185,0	190,0	13	140,0	-145,0	-147,5	9	215,0	230,0	240,0	9	570,0	75,87	1
11 Garcia Rodriguez Juan	1997	FEDCAT	88,50	0,1341	39	187,5	-200,0	-200,0	14	140,0	-145,0	145,0	6	222,5	-230,0	230,0	12	562,5	75,43	1
12 Fernandez Ibanez Alvaro	2005	TCEZ	90,90	0,1323	26	-200,0	200,0	212,5	7	-120,0	120,0	-127,5	14	-220,0	220,0	-235,0	13	552,5	73,10	1
13 Garcia Colomera Ferran	1996	NETB	86,10	0,1359	29	190,0	200,0	-210,0	11	125,0	-130,0	130,0	12	197,5	215,0	-235,0	14	545,0	74,07	1
14 Gonzalez Nieto Alex	2002	ULCB	91,50	0,1319	30	147,5	157,5	165,0	16	100,0	107,5	112,5	15	215,0	235,0	-255,0	11	512,5	67,60	1
15 Fernandez Saez Eric	2003	FEDCAT	89,30	0,1335	27	-175,0	175,0	180,0	15	-100,0	105,0	110,0	16	190,0	205,0	215,0	15	505,0	67,42	1
16 Quintero Herranz Antonio	2001	NETB	92,15	0,1314	25	145,0	155,0	165,0	17	95,0	100,0	105,0	17	175,0	187,5	200,0	16	470,0	61,76	1
17 Rigau Cutrina Aureli	2003	FEDCAT	90,05	0,1329	38	185,0	195,0	-207,5	12	125,0	132,5	-140,0	10	75,0	X	X	17	402,5	53,49	1
-93 kg (solo PRESS BANCA)																				
1 Garcia Vilanova Ivan	2003	FEDCAT	91,60	0,4780	34	X	X	X		125,0	130,0	135,0	1	X	X	X		135,0	64,53	--
-105 kg																				
1 Blasco Navarro Assis	1996	FEDCAT	102,20	0,1250	32	-180,0	192,5	200,0	1	-120,0	-125,0	125,0	1	200,0	215,0	220,0	2	545,0	68,13	12
2 Rosales Lopez Sergio	1989	FEDCAT	93,30	0,1306	33	162,5	167,5	177,5	3	-100,0	105,0	110,0	3	205,0	215,0	222,5	1	510,0	66,61	9
3 Lanzuela Rubio Ivan	2004	TCEZ	100,80	0,1259	31	167,5	180,0	187,5	2	100,0	107,5	112,5	2	190,0	202,5	207,5	3	507,5	63,89	8

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

Nombre	Club	Cat.	PC	Total	GL pt.	Clas.
1 Moya Freixedas Gerard	FEDCAT	-83kg	81,30	665,0	93,034	1
2 Corbella Edo Jordi	UFORCE	-93kg	89,10	690,0	92,184	1
3 Torres Lopez Wilson Jose	ARABAR	-83kg	81,00	645,0	90,365	2

ABREVIACIONES:

ARABAR=ARAGON BARBELL	NETB=THE NEW ERA TEAM Barcelona	PRAET=PRAETORIANS Tarragona	TCEZ=TEAM CE POWERLIFTING Zaragoza
ATPB=ATENEA POWERLIFTING Barcelona	PBAR=POWERLIFTING BARCELONA	STBSTR=STB STRENGTH Barcelona	ULCB=UNDERGROUND LIFTING CLUB Barcelona
FEDCAT=FEDERACIÓN CATALANA	IBIZA=POWERLIFTING IBIZA	STLGCY=STRENGTH LEGACY Lleida	UFORCE=UNITY FORCE Tarragona
MOONB=MOONSTONE BARBELL Sabadell			