

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING SBD CUP 2025

La Pobla de Montornès, Tarragona 19-21 diciembre 2025

Rev. 28/12/2025

MUJERES POWERLIFTING RAW																		
Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS		PRESS BANCA			PESO MUERTO			TOTAL	IPFGL		
47	1	Calero Bano Paula	2005	RIVAL POWERLIFTING Barcelona	46.8	720	97.5	105.0	110.0	65.0	70.0	72.5	112.5	120.0	127.5	310	86.298	
47	2	Calvo Bermudez Yaiza	2007	RIVAL POWERLIFTING Barcelona	45.96	610	92.5	100.0	105.0	50.0	52.5	55.0	100.0	110.0	115.0	275	77.968	
47	3	Castro Haro Ana Maria	2006	GINNASIO CROM Madrid	46.1	617	80.0	-85.0	-90.0	32.5	35.0	-37.5	95.0	-105.0	-105.0	210	59.354	
52	1	Pastor Diaz-Asensio Marta	2005	FUERZA EINHERIAR	51.24	515	112.5	120.0	-122.5	-70.0	-70.0	70.0	132.5	140.0	145.0	335	85.677	
52	2	Rodriguez Pintor Maria Sol	1995	GINNASIO CROM Madrid	51.98	215	112.5	-115.0	-115.0	75.0	77.5	-80.0	135.0	142.5	-147.5	332.5	83.987	
52	3	Lopesino Espinosa Patricia	2002	BLACK CROWN POWERLIFTING Madrid	51.16	422	105.0	110.0	112.5	62.5	65.0	-67.5	132.5	145.0	150.0	327.5	83.873	
52	4	Illanas Arribas Luz	2000	POWERLIFTING BARCELONA	51.4	414	90.0	100.0	105.0	65.0	70.0	-75.0	125.0	137.5	142.5	317.5	80.980	
52	5	Rodriguez Munoz Martha	2006	RISING POWER Alcala de Henares	51	612	100.0	110.0	-112.5	45.0	47.5	-50.0	130.0	-142.5	142.5	300	77.043	
52	6	Basquens Munoz Marta	1997	THE NEW ERA TEAM Barcelona	51.62	718	97.5	105.0	110.0	52.5	57.5	60.0	115.0	125.0	130.0	300	76.233	
52	7	Sala i Guarido Berta	2007	FEDERACION CATALANA	50.42	711	100.0	107.5	110.0	47.5	52.5	-57.5	110.0	120.0	-122.5	282.5	73.290	
52	8	Baiasu Iliuta Ana Stefania	2005	FEDERACION CATALANA	50.16	719	100.0	110.0	-115.0	50.0	55.0	57.5	95.0	102.5	-105.0	270	70.374	
52	9	Canton Naharro Ana	2000	OLYMPIA Barcelona	50.36	723	82.5	90.0	95.0	57.5	60.0	-62.5	105.0	112.5	115.0	270	70.122	
52	10	Gil Gormaz Mireia	2005	TEAM CE POWERLIFTING Zaragoza	50.96	722	75.0	85.0	-92.5	47.5	52.5	-57.5	102.5	110.0	-115.0	247.5	63.604	
52	11	Munoz Benitez Esther	1978	RISING POWER Alcala de Henares	48.24	614	62.5	70.0	77.5	35.0	-37.5	-40.0	80.0	90.0	100.0	212.5	57.432	
57	1	Escosura Flores Lara	2001	FEDERACION CATALANA	56.56	119	135.0	140.0	142.5	80.0	85.0	-90.0	147.5	157.5	162.5	390	92.017	
57	2	Gil Blanco Maria	2004	FOREVER WEAK Barcelona	56.3	116	125.0	130.0	132.5	72.5	77.5	80.0	155.0	162.5	-170.0	375	88.789	
57	3	Peman Toledo Virginia	1992	FORCA LAIESKEN Barcelona	56.18	231	130.0	135.0	-137.5	70.0	75.0	-77.5	150.0	155.0	160.0	370	87.748	
57	4	Gonzalez Palao Lucia	2001	BARBASTRO POWERLIFTING Huesca	56.42	513	117.5	125.0	127.5	75.0	80.0	82.5	132.5	147.5	155.0	365	86.281	
57	5	Vilda Feria Marta	2003	THE NEW ERA TEAM Barcelona	54.24	122	117.5	125.0	127.5	67.5	70.0	-72.5	150.0	162.5	-172.5	360	87.768	
57	6	Chellay Oubdil Hajar	2002	UNDERGROUND LIFTING Barcelona	55.5	522	125.0	130.0	135.0	65.0	70.0	72.5	142.5	150.0	-157.5	357.5	85.585	
57	7	Feria Llaurado Carla	2001	STB STRENGTH Barcelona	55.7	230	130.0	137.5	-140.0	75.0	80.0	-82.5	130.0	140.0	-147.5	357.5	85.346	
57	8	Senar Molina Ana	2000	GR STRENGTH TORRENT Valencia	55.38	121	-117.5	122.5	-130.0	82.5	-87.5	-90.0	135.0	142.5	147.5	352.5	84.531	
57	9	Martinez Moyano Maria	2003	POWERLIFTING SEVILLA	55.82	611	122.5	-127.5	-127.5	65.0	70.0	-72.5	132.5	142.5	-147.5	335	79.841	
57	10	Rojas Urrego Alejandra	1993	STB STRENGTH Barcelona	55.84	518	125.0	-135.0	-135.0	57.5	65.0	-67.5	127.5	130.0	-132.5	320	76.245	
57	11	Zafra Mariana Luna	2005	POWERLIFTING ALBACETE	56.36	415	112.5	120.0	-125.0	65.0	70.0	75.0	110.0	125.0	-140.0	320	75.705	
57	12	Martinez Olivares Elena	2004	SIDEROPOLIS Madrid	54.76	413	100.0	107.5	-110.0	67.5	72.5	-75.0	125.0	137.5	-155.0	317.5	76.817	
57	13	Peralta Cabrera Laura	1992	FUERZA KB Baleares	55.64	511	105.0	110.0	115.0	62.5	65.0	-67.5	122.5	127.5	-132.5	307.5	73.471	
57	14	Rincon Rodriguez Natalia	1996	STB STRENGTH Barcelona	56.04	721	-107.5	107.5	-112.5	42.5	-47.5	47.5	120.0	130.0	-135.0	285	67.719	
57	15	Mejia Valverde Ana Sofia	2007	BERSERKERS Toledo	56.6	615	100.0	105.0	-107.5	50.0	57.5	-60.0	110.0	117.5	-125.0	280	66.028	
57	16	Orgaz Rodriguez Nuria	1997	FORCA LAIESKEN Barcelona	56.7	710	97.5	102.5	107.5	52.5	57.5	-60.0	110.0	-115.0	115.0	280	65.940	
57	17	Pardo Torres Cristina	1997	BERSERKERS Toledo	56.98	616	-87.5	87.5	92.5	-42.5	45.0	-50.0	97.5	107.5	-115.0	245	57.484	
57		Folgozo Garcia Carmen	1998	POWERLIFTING BARCELONA	56.38	510	-120.0	-120.0	-120.0	-62.5						0	0.000	
57		Guerra Nieves Jomara Abigail	2003	POWERLIFTING LIFTERS Cordoba	56.46	621	-75.0	-75.0	-75.0	47.5	-50.0		90.0	97.5	-102.5	0	0.000	
63	1	Sarria Pascual Alba	1994	THE NEW ERA TEAM Barcelona	61.58	110	150.0	157.5	165.0	75.0	80.0	85.0	-180.0	192.5	207.5	457.5	101.600	
63	2	Manyes Garcia Minerva	2003	THE PRMODE Granada	61.98	112	-162.5	-170.0	175.0	95.0	100.0	-102.5	160.0	172.5	182.5	457.5	101.164	
63	3	Pradas Lozano Ainhoa	2004	THE NEW ERA TEAM Barcelona	61.42	120	-135.0	142.5	150.0	90.0	95.0	-100.0	160.0	175.0	180.0	425	94.547	
63	4	Sison Garcia Muriel	1999	FOREVER WEAK Barcelona	62.4	313	155.0	162.5	-167.5	57.5	62.5	65.0	162.5	172.5	-180.0	400	88.058	
63	5	Garrido Alvarino Elena	1999	FOREVER WEAK Barcelona	62.8	216	140.0	147.5	150.0	70.0	72.5	-75.0	155.0	170.0	177.5	400	87.693	
63	6	Fernandez Roura Claudia	2001	RZ POWER TEAM Sabadell	62.38	322	152.5	160.0	-165.0	70.0	75.0	-77.5	145.0	152.5	-160.0	387.5	85.324	
63	7	De Miguel Rodriguez Carla	1996	UNDERGROUND LIFTING Barcelona	62.28	233	115.0	125.0	132.5	60.0	65.0	67.5	130.0	145.0	-155.0	345	76.046	
63	8	Paciencia Miguel Raquel	2004	NOTHING HAPPENED CLUB Madrid	63	912	100.0	115.0	125.0	50.0	60.0	-65.0	140.0	-155.0	160.0	345	75.480	
63	9	Faure Rodriguez Lucia	2001	OLYMPIA Barcelona	60.94	517	125.0	127.5	137.5	60.0	-65.0	65.0	127.5	135.0	-142.5	337.5	75.479	
63	10	Perez Munoz Isabel	1996	POWERLIFTING BARCELONA	62.4	219	122.5	132.5	-137.5	52.5	57.5	60.0	132.5	145.0	-152.5	337.5	74.299	
63	11	Nunez Carranza Angela	2002	RISING POWER Alcala de Henares	59.24	417	110.0	-117.5	120.0	-65.0	65.0	-67.5	135.0	150.0	-152.5	335	76.403	

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Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS		PRESS BANCA		PESO MUERTO			TOTAL	IPFGL		
63	12	Farcas Pop Elena	2004	FUERZA EINHERIAR	62.66	225	117.5	-125.0	-125.0	65.0	70.0	-72.5	135.0	145.0	-150.0	332.5	73.000
63	13	Cosmina Mahu Beatrice	2002	BARBASTRO POWERLIFTING Huesca	61.2	613	110.0	-117.5	117.5	-57.5	57.5	65.0	125.0	135.0	147.5	330	73.590
63	14	Rengifo Cortegana Ashly	2000	FRENETIK POWERLIFTING Barcelona	62.9	421	117.5	125.0	-130.0	70.0	75.0	-80.0	110.0	120.0	127.5	327.5	71.725
63	15	Salazar Vallejos Melanie Lineth	2002	FORCA LAIESKEN Barcelona	58.84	416	110.0	117.5	125.0	50.0	-57.5	-57.5	130.0	140.0	147.5	322.5	73.908
63	16	Martinez Benedicto Lucia	1994	SIDEROPOLIS Madrid	60.44	620	110.0	117.5	-122.5	55.0	60.0	-62.5	130.0	140.0	-152.5	317.5	71.407
63	17	Navas Garcia Irene	2008	VALKYRIA PT Valladolid	62.34	411	105.0	-110.0	-110.0	60.0	62.5	-65.0	130.0	140.0	-150.0	307.5	67.737
63	18	Montiel Martin Julia	2002	PRAETORIANS Tarragona	61.96	714	100.0	-107.5	110.0	55.0	60.0	-62.5	117.5	127.5	135.0	305	67.457
63	19	Bermejo Cruz Judith Anastasia	2001	STB STRENGTH Barcelona	60.56	713	95.0	-105.0	105.0	52.5	57.5	-60.0	115.0	125.0	132.5	295	66.256
63	20	Aznar Moya Carla	2002	PRAETORIANS Tarragona	59.02	418	112.5	117.5	122.5	45.0	47.5	50.0	115.0	120.0	-125.0	292.5	66.887
63	21	Garri Francano Antonella	2004	POWERLIFTING BARCELONA	59.36	911	102.5	107.5	112.5	47.5	52.5	55.0	110.0	117.5	125.0	292.5	66.615
63	22	Murcia Lopez Alba	2005	FUERZA EINHERIAR	62.2	712	90.0	97.5	102.5	40.0	45.0	47.5	122.5	130.0	137.5	287.5	63.425
63	23	Jimenez Sanchez Emma	2003	THE NEW ERA TEAM Barcelona	62.54	410	80.0	90.0	92.5	50.0	55.0	-57.5	120.0	130.0	137.5	285	62.650
63	24	Salgado Garcia Andrea	1998	OVERSIZE STRENGTH CLUB Madrid	62.56	913	90.0	100.0	-107.5	42.5	50.0	-55.0	107.5	110.0	127.5	277.5	60.988
63	25	Escarre Leiva Creu	1973	FEDERACION CATALANA	60.82	715	85.0	95.0	100.0	52.5	57.5	-60.0	-102.5	115.0	-125.0	272.5	61.024
63	26	Carillo Valero Sara	2002	PRAETORIANS Tarragona	57.88	420	87.5	90.0	-95.0	55.0	-60.0	-60.0	115.0	120.0	125.0	270	62.617
63	27	Jara Paz Angeles Andrea	2001	NOTHING HAPPENED CLUB Madrid	60.1	914	75.0	85.0	-90.0	40.0	47.5	50.0	100.0	110.0	117.5	252.5	57.009
63	28	Bermudez Ocon Ana Xaviera	1980	RIVAL POWERLIFTING Barcelona	62.28	619	52.5	60.0	65.0	47.5	50.0	-52.5	90.0	100.0	110.0	225	49.595
63	29	Caellas Camprubi Monica	1977	FORCA LAIESKEN Barcelona	62.3	622	65.0	70.0	77.5	32.5	-35.0	-35.0	90.0	100.0	-110.0	210	46.279
69	1	Salichs Cotrina Milena	2004	MOONSTONE BARBELL Sabadell	67.97	117	170.0	182.5	-190.0	105.0	110.0	-115.0	190.0	200.0	205.0	497.5	103.945
69	2	Jimenez Calabuig Silvia	1996	GR STRENGTH TORRENT Valencia	65.96	118	157.5	165.0	172.5	95.0	100.0	-105.0	170.0	185.0	200.0	472.5	100.469
69	3	Anselmo Ilaria	2002	KSV Essen 1888 e.V.	67.54	113	160.0	170.0	177.5	80.0	87.5	-90.0	150.0	162.5	175.0	440	92.267
69	4	Lopez Cerrillos Paula	2002	MOONSTONE BARBELL Sabadell	67.92	115	145.0	155.0	-162.5	77.5	82.5	-85.0	170.0	177.5	185.0	422.5	88.312
69	5	Sanoja Moya Veronica	2000	THE NEW ERA TEAM Barcelona	68.06	312	135.0	-145.0	150.0	75.0	80.0	-82.5	160.0	175.0	185.0	415	86.643
69	6	Hernando Delgado Marta	2001	THE NEW ERA TEAM Barcelona	68.22	321	125.0	135.0	140.0	87.5	92.5	95.0	150.0	162.5	170.0	405	84.442
69	7	Bravo Ortega Carlota	1992	BARBASTRO POWERLIFTING Huesca	67.62	111	-150.0	157.5	-165.0	77.5	-82.5	-82.5	150.0	157.5	-165.0	392.5	82.250
69	8	Sanchez-Escribano Cazorla Sandra	2000	VILLA POWERLIFTING Madrid	68.12	318	135.0	-142.5	145.0	77.5	80.0	-82.5	145.0	152.5	160.0	385	80.339
69	9	Toledo Veracruz Maria	2000	FOREVER WEAK Barcelona	65.48	235	125.0	132.5	137.5	70.0	72.5	75.0	155.0	165.0	170.0	382.5	81.690
69	10	Benavente Gisela	2005	POWERLIFTING BARCELONA	66.12	915	112.5	122.5	130.0	70.0	77.5	82.5	135.0	147.5	157.5	370	78.560
69	11	Jimenez Lobaton Carmen	1997	RISING POWER Alcala de Henares	67.68	211	-130.0	135.0	140.0	55.0	-57.5	57.5	150.0	162.5	172.5	370	77.495
69	12	Blazquez Serna Patricia	1996	RISING POWER Alcala de Henares	67.58	519	122.5	130.0	135.0	55.0	60.0	62.5	142.5	152.5	160.0	357.5	74.941
69	13	Rodriguez Ibanez Ana Isabel	1999	SILENT CLUB Madrid	66.46	221	-122.5	130.0	135.0	67.5	70.0	-72.5	135.0	145.0	-152.5	350	74.088
69	14	Narvaez Gonzalez Sandra	2006	ALTERNATIVE RAW Huelva	65.84	514	120.0	-130.0	-130.0	60.0	62.5	-65.0	140.0	155.0	160.0	342.5	72.906
69	15	Lorente Mejia Denise	2005	SIDEROPOLIS Madrid	68.42	512	115.0	127.5	127.5	62.5	67.5	-70.0	125.0	137.5	145.0	340	70.773
69	16	Lorenzo Garrido Jennifer	1994	FORCA LAIESKEN Barcelona	65.14	412	112.5	117.5	-122.5	57.5	62.5	65.0	122.5	130.0	135.0	317.5	68.023
69	17	Pintado Higuera Natalia	1995	RISING POWER Alcala de Henares	68.06	419	95.0	105.0	110.0	57.5	60.0	-62.5	120.0	130.0	-140.0	300	62.633
69	18	Flores Colque Cinthia	2002	RZ POWER TEAM Sabadell	63.8	922	82.5	90.0	95.0	-40.0	42.5	45.0	92.5	100.0	105.0	245	53.172
76	1	Ibanez Archilla Leyre	1994	FEDERACION CATALANA	75.7	123	162.5	-172.5	175.0	92.5	97.5	-100.0	180.0	190.0	-200.0	462.5	91.355
76	2	Fernandez Costa Eva	1996	CONRA CLUB DE FORCA Mallorca	75.2	317	155.0	160.0	165.0	77.5	-85.0	-85.0	180.0	190.0	195.0	437.5	86.691
76	3	Nova Candelario Mariam Teresa	2001	INTEND POWER Madrid	75.62	314	150.0	157.5	-167.5	77.5	-82.5	-82.5	157.5	-170.0	-170.0	392.5	77.568
76	4	Valera Alberni Sofia	1999	GR STRENGTH TORRENT Valencia	73.98	618	135.0	145.0	152.5	70.0	75.0	80.0	132.5	145.0	155.0	387.5	77.397
76	5	Vilchez Porcel Raquel	1998	CONRA CLUB DE FORCA Mallorca	73.9	521	135.0	142.5	150.0	57.5	62.5	65.0	140.0	147.5	160.0	375	74.941
76	6	Manjon Carmona Natalia	1999	MOONSTONE BARBELL Sabadell	74.06	320	125.0	135.0	140.0	72.5	75.0	-77.5	150.0	160.0	-165.0	375	74.861
76	7	Alonso alvarez Erika	2003	VETUSTA POWERLIFTING Asturias	72.63	220	127.5	137.5	-142.5	-90.0	95.0	-97.5	130.0	-135.0	135.0	367.5	74.084
76	8	Moreno Aguado Sonia	2006	RZ POWER TEAM Sabadell	75.7	516	112.5	-120.0	120.0	60.0	-65.0	-65.0	132.5	142.5	-150.0	322.5	63.702
76	9	Contreras Gregorio Libertad	1977	FOREVER WEAK Barcelona	75.52	921	117.5	-125.0	-125.0	52.5	55.0	57.5	120.0	130.0	-140.0	305	60.313
76	10	Gomez Luciano Evelin Nicole	2006	BARBASTRO POWERLIFTING Huesca	74.54	918	-100.0	100.0	115.0	-55.0	60.0	65.0	100.0	110.0	120.0	300	59.699

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76	11	Bel Suarez Paula	1997	PBP CLUB Barcelona	75.36	916	-105.0	110.0	117.5	42.5	50.0	-57.5	112.5	127.5	-137.5	295	58.395
76	12	Cladera Soberats Maria Magdalena	2006	CONRA CLUB DE FORCA Mallorca	74.44	910	90.0	102.5	107.5	42.5	45.0	50.0	107.5	120.0	125.0	282.5	56.254
84	1	Ordak Amelia	2002	RISING POWER Alcala de Henares	79.94	315	145.0	155.0	162.5	80.0	82.5	-85.0	160.0	172.5	180.0	425	81.907
84	2	Acosta Gallego Laia	2003	THE NEW ERA TEAM Barcelona	83.88	316	155.0	165.0	-180.0	75.0	-80.0	-80.0	155.0	170.0	175.0	415	78.416
84	3	Portavella Arenas Laia	2002	THE NEW ERA TEAM Barcelona	80.02	319	132.5	140.0	147.5	77.5	82.5	85.0	150.0	165.0	-180.0	397.5	76.574
84	4	Lozano Palos Carla	2004	POWERLIFTING SEVILLA	78.4	917	140.0	150.0	160.0	77.5	82.5	-87.5	125.0	137.5	150.0	392.5	76.290
84	5	Toncu Maria Denisa	2004	INTEND POWER Madrid	81.54	214	127.5	135.0	142.5	67.5	70.0	72.5	130.0	140.0	-150.0	355	67.847
84		Castro Eusebio Aleshka Eileen	2005	DANIGPOWER Madrid	83.1	716	120.0	-127.5	-127.5	-60.0	-60.0	-60.0	97.5	110.0	-115.0	0	0.000
84+	1	Reyes Valladares Noemi	1992	FEDERACION CATALANA	96.98	311	165.0	175.0	180.0	90.0	-95.0	95.0	160.0	-170.0	-170.0	435	78.248
84+	2	Talavera Gamez Julia	2009	FORCA LAIESKEN Barcelona	106.46	310	157.5	162.5	167.5	97.5	-105.0	-105.0	160.0	167.5	170.0	435	76.372
84+	3	Colell Mendez Mireia	1998	POWERLIFTING LIFTERS Cordoba	94.8	919	145.0	152.5	160.0	70.0	75.0	80.0	147.5	155.0	160.0	400	72.439

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL							
	Nombre	Año	Club	Peso	Cat.	Total	GL pt. Clas.
1	Salichs Cotrina Milena	2004	MOONSTONE BARBELL Sabadell	67.97	69	497.5	103.945 1
2	Sarria Pascual Alba	1994	THE NEW ERA TEAM Barcelona	61.58	63	457.5	101.600 1
3	Manyes Garcia Minerva	2003	THE PRMODE Granada	61.98	63	457.5	101.164 2
4	Jimenez Calabuig Silvia	1996	GR STRENGTH TORRENT Valencia	65.96	69	472.5	100.469 2
5	Pradas Lozano Ainhoa	2004	THE NEW ERA TEAM Barcelona	61.42	63	425	94.547 3
6	Anselmo Ilaria	2002	KSV Essen 1888 e.V.	67.54	69	440	92.267 3
7	Escosura Flores Lara	2001	FEDERACION CATALANA	56.56	57	390	92.017 1
8	Ibanez Archilla Leyre	1994	FEDERACION CATALANA	75.7	76	462.5	91.355 1
9	Gil Blanco Maria	2004	FOREVER WEAK Barcelona	56.3	57	375	88.789 2
10	Lopez Cerrillos Paula	2002	MOONSTONE BARBELL Sabadell	67.92	69	422.5	88.312 4
11	Sison Garcia Muriel	1999	FOREVER WEAK Barcelona	62.4	63	400	88.058 4
12	Peman Toledo Virginia	1992	FORCA LAIESKEN Barcelona	56.18	57	370	87.748 3
13	Garrido Alvarino Elena	1999	FOREVER WEAK Barcelona	62.8	63	400	87.693 5
14	Fernandez Costa Eva	1996	CONRA CLUB DE FORCA Mallorca	75.2	76	437.5	86.691 2
15	Sanoja Moya Veronica	2000	THE NEW ERA TEAM Barcelona	68.06	69	415	86.643 5
16	Calero Bano Paula	2005	RIVAL POWERLIFTING Barcelona	46.8	47	310	86.298 1
17	Gonzalez Palao Lucia	2001	BARBASTRO POWERLIFTING Huesca	56.42	57	365	86.281 4
18	Pastor Diaz-Asensio Marta	2005	FUERZA EINHERIAR	51.24	52	335	85.677 1
19	Chellay Oubdil Hajar	2002	UNDERGROUND LIFTING Barcelona	55.5	57	357.5	85.585 6
20	Feria Llaurado Carla	2001	STB STRENGTH Barcelona	55.7	57	357.5	85.346 7
21	Fernandez Roura Claudia	2001	RZ POWER TEAM Sabadell	62.38	63	387.5	85.324 6
22	Senar Molina Ana	2000	GR STRENGTH TORRENT Valencia	55.38	57	352.5	84.531 8
23	Rodriguez Pintor Maria Sol	1995	GIMNASIO CROM Madrid	51.98	52	332.5	83.987 2
24	Lopesino Espinosa Patricia	2002	BLACK CROWN POWERLIFTING Madrid	51.16	52	327.5	83.873 3
25	Bravo Ortega Carlota	1992	BARBASTRO POWERLIFTING Huesca	67.62	69	392.5	82.250 7
26	Ordak Amelia	2002	RISING POWER Alcala de Henares	79.94	84	425	81.907 1
27	Toledo Veracruz Maria	2000	FOREVER WEAK Barcelona	65.48	69	382.5	81.690 9
28	Illanas Arribas Luz	2000	POWERLIFTING BARCELONA	51.4	52	317.5	80.980 4
29	Sanchez-Escribano Cazorla Sandra	2000	VILLA POWERLIFTING Madrid	68.12	69	385	80.339 8
30	Martinez Moyano Maria	2003	POWERLIFTING SEVILLA	55.82	57	335	79.841 9
31	Benavente Gisela	2005	POWERLIFTING BARCELONA	66.12	69	370	78.560 10
32	Acosta Gallego Laia	2003	THE NEW ERA TEAM Barcelona	83.88	84	415	78.416 2

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	33	Reyes Valladares Noemí	1992	FEDERACION CATALANA	96.98	84+	435	78.248	1		
	34	Calvo Bermudez Yaiza	2007	RIVAL POWERLIFTING Barcelona	45.96	47	275	77.968	2		
	35	Nova Candelario Mariam Teresa	2001	INTEND POWER Madrid	75.62	76	392.5	77.568	3		
	36	Jimenez Lobaton Carmen	1997	RISING POWER Alcala de Henares	67.68	69	370	77.495	11		
	37	Valera Alberni Sofia	1999	GR STRENGTH TORRENT Valencia	73.98	76	387.5	77.397	4		
	38	Rodriguez Munoz Martha	2006	RISING POWER Alcala de Henares	51	52	300	77.043	5		
	39	Martinez Olivares Elena	2004	SIDEROPOLIS Madrid	54.76	57	317.5	76.817	12		
	40	Portavella Arenas Laia	2002	THE NEW ERA TEAM Barcelona	80.02	84	397.5	76.574	3		
	41	Nunez Carranza Angela	2002	RISING POWER Alcala de Henares	59.24	63	335	76.403	11		
	42	Lozano Palos Carla	2004	POWERLIFTING SEVILLA	78.4	84	392.5	76.290	4		
	43	Rojas Urrego Alejandra	1993	STB STRENGTH Barcelona	55.84	57	320	76.245	10		
	44	Basquens Munoz Marta	1997	THE NEW ERA TEAM Barcelona	51.62	52	300	76.233	6		
	45	De Miguel Rodriguez Carla	1996	UNDERGROUND LIFTING Barcelona	62.28	63	345	76.046	7		
	46	Zafra Mariana Luna	2005	POWERLIFTING ALBACETE	56.36	57	320	75.705	11		
	47	Paciencia Miguel Raquel	2004	NOTHING HAPPENED CLUB Madrid	63	63	345	75.480	8		
	48	Faure Rodriguez Lucia	2001	OLYMPIA Barcelona	60.94	63	337.5	75.479	9		
	49	Blazquez Serna Patricia	1996	RISING POWER Alcala de Henares	67.58	69	357.5	74.941	12		
	50	Blazquez Serna Patricia	1996	RISING POWER Alcala de Henares	67.58	69	357.5	74.941	12		
	51	Manjon Carmona Natalia	1999	MOONSTONE BARBELL Sabadell	74.06	76	375	74.861	6		
	52	Perez Munoz Isabel	1996	POWERLIFTING BARCELONA	62.4	63	337.5	74.299	10		
	53	Rodriguez Ibanez Ana Isabel	1999	SILENT CLUB Madrid	66.46	69	350	74.088	13		
	54	Alonso alvarez Erika	2003	VETUSTA POWERLIFTING Asturias	72.63	76	367.5	74.084	7		
	55	Salazar Vallejos Melanie Lineth	2002	FORCA LAIESKEN Barcelona	58.84	63	322.5	73.908	15		
	56	Cosmina Mahu Beatrice	2002	BARBASTRO POWERLIFTING Huesca	61.2	63	330	73.590	13		
	57	Peralta Cabrera Laura	1992	FUERZA KB Baleares	55.64	57	307.5	73.471	13		
	58	Sala i Guarido Berta	2007	FEDERACION CATALANA	50.42	52	282.5	73.290	7		
	59	Farcas Pop Elena	2004	FUERZA EINHERIAR	62.66	63	332.5	73.000	12		
	60	Narvaez Gonzalez Sandra	2006	ALTERNATIVE RAW Huelva	65.84	69	342.5	72.906	14		
	61	Colell Mendez Mireia	1998	POWERLIFTING LIFTERS Cordoba	94.8	84+	400	72.439	3		
	62	Rengifo Cortegana Ashly	2000	FRENETIK POWERLIFTING Barcelona	62.9	63	327.5	71.725	14		
	63	Martinez Benedicto Lucia	1994	SIDEROPOLIS Madrid	60.44	63	317.5	71.407	16		
	64	Lorente Mejia Denise	2005	SIDEROPOLIS Madrid	68.42	69	340	70.773	15		
	65	Baiasu Iliuta Ana Stefania	2005	FEDERACION CATALANA	50.16	52	270	70.374	8		
	66	Canton Naharro Ana	2000	OLYMPIA Barcelona	50.36	52	270	70.122	9		
	67	Lorenzo Garrido Jennifer	1994	FORCA LAIESKEN Barcelona	65.14	69	317.5	68.023	16		
	68	Toncu Maria Denisa	2004	INTEND POWER Madrid	81.54	84	355	67.847	5		
	69	Navas Garcia Irene	2008	VALKYRIA PT Valladolid	62.34	63	307.5	67.737	17		
	70	Rincon Rodriguez Natalia	1996	STB STRENGTH Barcelona	56.04	57	285	67.719	14		
	71	Aznar Moya Carla	2002	PRAETORIANS Tarragona	59.02	63	292.5	66.887	20		
	72	Garri Francano Antonella	2004	POWERLIFTING BARCELONA	59.36	63	292.5	66.615	21		
	73	Bermejo Cruz Judith Anastasia	2001	STB STRENGTH Barcelona	60.56	63	295	66.256	19		
	74	Mejia Valverde Ana Sofia	2007	BERSERKERS Toledo	56.6	57	280	66.028	15		
	75	Orgaz Rodriguez Nuria	1997	FORCA LAIESKEN Barcelona	56.7	57	280	65.940	16		
	76	Moreno Aguado Sonia	2006	RZ POWER TEAM Sabadell	75.7	76	322.5	63.702	8		
	77	Gil Gormaz Mireia	2005	TEAM CE POWERLIFTING Zaragoza	50.96	52	247.5	63.604	10		
	78	Murcia Lopez Alba	2005	FUERZA EINHERIAR	62.2	63	287.5	63.425	22		
	79	Jimenez Sanchez Emma	2003	THE NEW ERA TEAM Barcelona	62.54	63	285	62.650	23		
	80	Pintado Higuera Natalia	1995	RISING POWER Alcala de Henares	68.06	69	300	62.633	17		

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	81	Carillo Valero Sara	2002	PRAETORIANS Tarragona	57.88	63	270	62.617	26		
	82	Escarre Leiva Creu	1973	FEDERACION CATALANA	60.82	63	272.5	61.024	25		
	83	Salgado Garcia Andrea	1998	OVERSIZE STRENGTH CLUB Madrid	62.56	63	277.5	60.988	24		
	84	Contreras Gregorio Libertad	1977	FOREVER WEAK Barcelona	75.52	76	305	60.313	9		
	85	Gomez Luciano Evelin Nicole	2006	BARBASTRO POWERLIFTING Huesca	74.54	76	300	59.699	10		
	86	Castro Haro Ana Maria	2006	GIMNASIO CROM Madrid	46.1	47	210	59.354	3		
	87	Bel Suarez Paula	1997	PBP CLUB Barcelona	75.36	76	295	58.395	11		
	88	Pardo Torres Cristina	1997	BERSERKERS Toledo	56.98	57	245	57.484	17		
	89	Jara Paz Angeles Andrea	2001	NOTHING HAPPENED CLUB Madrid	60.1	63	252.5	57.009	27		
	90	Cladera Soberats Maria Magdalena	2006	CONRA CLUB DE FORCA Mallorca	74.44	76	282.5	56.254	12		
	91	Flores Colque Cinthia	2002	RZ POWER TEAM Sabadell	63.8	69	245	53.172	18		
	92	Bermudez Ocon Ana Xaviera	1980	RIVAL POWERLIFTING Barcelona	62.28	63	225	49.595	28		
	93	Caellas Camprubi Monica	1977	FORCA LAIESKEN Barcelona	62.3	63	210	46.279	29		
		Folgos Garcia Carmen	1998	POWERLIFTING BARCELONA	56.38	57	0	0.000			
		Guerra Nieves Jomara Abigail	2003	POWERLIFTING LIFTERS Cordoba	56.46	57	0	0.000			
		Castro Eusebio Aleshka Eileen	2005	DANIGPOWER Madrid	83.1	84	0	0.000			